

BOX 1 Seldom Experiences			BOX 2 Rarely Discovers				BOX 3 Sometimes Knows					BOX 4 Frequently Understands					BOX 5 Usually Applies									
0 to 06			07 to 29				30 to 59					60 to 89					90 to 100									
0	3	6	7	13	14	21	22	29	30	40	41	50	51	59	60	70	71	80	81	89	90	93	94	97	98	100
VOCABULARY																										
<p>RA JH/MS: The most SIMPLE INTRODUCTORY SKILLS - Traveling (walking, running) - Simple turns - Simple postural and gestural shaping - Very little change in dynamic qualities.</p>																										
<p>RAA JH/MS / RA: Simple jumps, hops, leaps - Simple moves into the ground - Introductory drill/staging responsibilities - Dynamic effort qualities mostly involving time, weight - Simple movement or shaping layered with equipment - Use of isolated body parts - Moving from place to place with a good range of gestural qualities - Examples of body awareness (posture, line, shape, weight) - Occasional level changes around the body - Individual spotlight performers may attempt balancing and more advanced efforts</p>																										
<p>JHA / RAA: Expanding range of dynamic & expressive qualities - Beginning torso & level changes - Beginning changes in weight, time, space - Variety of simple turns - Basic moves into the ground - Postural & gestural shaping - Basic drill/staging responsibilities - Movement or shaping layered with equipment</p>															<p>Expanded: torso/level changes; weight, time, space & expressive qualities - Chasses & sautés in traveling - Grand Jetes - More varied moves into the ground - Layering & longer phrases - Broader drill/staging responsibilities - Balance moves - turns on 1 leg, attitudes</p>											
The vocabulary is not readable			Occasionally compatible to performers' skills - Short phrases, repetitive single efforts - Occasional expressive/dynamic techniques - Extremely incomplete program may limit scoring potential.				Mostly compatible to performers' skills - Sometimes combines equipment or drill/staging with some variety - Sometimes explores gradations of time & weight - May still be a work may in progress, but presents enough opportunity to develop range.					Growing range is mostly compatible to performers' skills - Phrases show some dimensionality and some combining with equipment or drill - Expressive gradations are growing.					Consistently compatible with performers' skills - Consistently offers beginning levels of versatility, variety and challenge - Longer phrases and a range of expressive qualities and gradations - Often exceeds the expectations for this classification.									
EXCELLENCE																										
BOX 1 Seldom Experiences			BOX 2 Rarely Discovers				BOX 3 Sometimes Knows					BOX 4 Frequently Understands					BOX 5 Usually Applies									
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Individuals do not show an understanding of/or training in movement principles.			Occasional uniformity in method & timing - undeveloped bodies cause variation in the look - Frequent breaks and flaws – Expressive efforts occasionally attempted but are not yet understood – Weak concentration - Breath, muscle, tension, flexion are not understood or applied - Program is extremely incomplete, limiting scoring potential & ability to demonstrate achievement.				Some achievement of method & timing, knowledge of principles and expressive efforts - Inconsistencies between individuals and/or relative to the effort required - Undeveloped bodies cause a variation in the look - Beginning knowledge of muscle, tension, flexion, rotation & breath is sometimes applied in simple efforts – Occasional appearance of beginning effort qualities – Inconsistent recovery from breaks & flaws - Style is developing - Concentration & stamina are noticeable & moderately achieved - Methods & techniques reflect average physical & mental development at this level - Evidence of training exists at a moderate level - May still be a work in progress, yet enough opportunity exists to display skills.					Beginning skills are often achieved with uniformity in method & timing - Evidence of body development lends to breath & support beneath movement - Knowledge of muscle, tension, flexion, rotation & breath is understood & often applied in beginning efforts - Dynamic gradations of time & weight are often achieved - Recovery is apparent following breaks & flaws - Concentration & stamina are developing - Techniques show a good degree of physical & mental development for this class - Style has grown & is often adhered to - There is evidence of a good training process.					Movement principles, expressive efforts and knowledge of muscle, tension, flexion, rotation & breath are applied consistently - Uniformity in method & timing is consistent - Body development is mature for this level - Success in gradations in space, time, weight, & flow is more consistent - Breaks & flaws occur less often & with good recovery - Concentration & stamina are apparent - Methods & techniques consistently reflect an appropriate degree of physical & mental development - Adherence to style is consistent & training has reached expectations at a beginning level.									